

# The Plantsmans Cafe

## M E N U



### Breakfast

Full breakfast *7.10*

2 sausages, 2 rashers of bacon, fried egg, mushrooms, grilled tomato, 2 slices of toast and tea or coffee

Small breakfast *5.50*

1 sausage, 1 rasher of bacon, fried egg, mushrooms, grilled tomato, 1 slice of toast and tea or coffee

Sausage sandwich *4.40*

Egg on Toast *2.50*

Beans on toast *2.50*

Other extra items also available to order including toast, jam and marmalade.

### Light Meals

Homemade soup *4.50*

Soup with a sandwich *6.80*

Sausage roll and chips *4.80*

Pasty and chips *5.90*

Double eggs and chips *5.70*

Potato wedges, salad and garlic dip *5.50*

### Sides

Bowl of chips *2.70*

Bowl of salad *2.70*

Slice of bread and butter *0.55*

### Jacket Potatoes

Prawn *6.80*

Tuna mayonnaise *6.80*

Egg mayonnaise *6.30*

Ham *6.30*

Cheese *6.30*

Beans *6.30*

All served with a full salad and homemade coleslaw

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### Specials

See our cafe blackboard for today's specials.

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## Mains

Roast of the Day	7.40
Sunday Roast	7.95
Small Sunday Roast	7.30
Savory crumble of the day	7.40
Lasagne	7.40
Vegetarian dish of the day	7.40
Homemade flan with salad or chips	6.00
Ham, egg and chips	7.40
Homity pie and chips	5.30
Deep fried Brie and Camembert served with salad and cranberry sauce	6.50
Today's Specials	7.40

## Salads

Tuna & cheese bowl salad	7.65
Prawn & avocado bowl salad	7.65
Prawn & cottage cheese bowl salad	7.65
Cottage cheese, peach and pineapple bowl salad	6.70
Egg mayonnaise bowl salad	6.20

## Sandwiches

Prawn	5.20
Tuna mayonnaise	5.20
Beef	4.40
Bacon	4.40
Ham	4.40
Cheese	3.80
Cheese salad	4.80
Egg mayonnaise	3.80
Sardine	4.40
Extra fillings available	

## Toasted Sandwiches

Ham and cheese	6.00
Bacon and cheese	6.00
Bacon	5.40
Cheese and onion	5.00
Cheese and tomato	5.00
Cheese	4.80

All served on delicious white or brown bloomer bread with salad.

## Fish Dishes

Breaded plaice or cod with chips	8.30
Scampi & chips	8.60

## Kids Menu

Fish fingers	4.25
Chicken Teddies	4.25
Sausages	4.25
All the above are served with potato smiley faces and beans.	
Children's Roast	4.50

## Desserts

Apple Pie	4.70
Fruit Crumble of the day	4.70
Lemon Meringue Pie	3.40
Homemade trifle	3.40
Treacle Tart	4.70
Daily specials from the dessert cabinet	

## Ice Cream

Vanilla, Honeycomb, Chocolate,  
Coffee or Strawberry

1 scoop	1.90
2 scoops	3.10

## Afternoon Tea

Cream Tea for One	4.60
Cream Tea for Two	7.20